

ISSUE 3 · JAN-FEB 2023

Little Bit of ME

The SARYM Newsletter

Love - Topic of the Month

The Bible book, 1 John, says 'God is love' and 'love comes from God'. 'Love' is about a deep and strong commitment which goes beyond feelings. It is immensely powerful. This teaches us to love one and other no matter its age, gender, religion and that love isn't only about relationships but it is also a bond between family, friends, God, Animals and many more. Just like the Trinity-God teaches us to love one another as the Trinity and that will lead us to be more powerful and successful together.



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FR. JOVITO D'SOUZA

*Parish Priest
St. Anselm's Catholic Church*

Love leads to love

There are several different way to manifest love. There are songs and pomes, novels and moves on love. There are also people who have made great sacrifices manifesting their love and Jesus our Saviour leads the way. He has given us a new commandment 'Love one another as I have loved you' Jn 13: 34 -35.

St. Ignatius the founder of the Society of Jesus (The Jesuits) in his Spiritual Exercises no 231 remind us that love consists in a mutual communication between the two persons. That is, the one who loves gives and communicates to the beloved what he or she has, or a part of what one has or can have and the beloved in return does the same to the lover. Thus, if the one has knowledge, one gives it to the other who does not; and similarly in regard to honors or riches. Each shares with the other.

The desire to be loved has to be reciprocated by loving the other.

I would like to place before you for a more personal reflection the prayer on Love, attributed to Fr Pedro Arrupe S.J.

FALL IN LOVE

Nothing is more practical than
finding God, than
falling in Love
in a quite absolute, final way.
What you are in love with,
what seizes your imagination,
will affect everything.

It will decide
what will get you out of bed in the morning,
what you do with your evenings,
how you spend your weekends,
what you read,
whom you know,
what breaks your heart,
and what amazes you with joy and gratitude.

Fall in Love,
stay in love,
and it will decide everything.

Truly! When you are in love, nothing else matter because love decides everything.



MARK SILVA

*Youth Coordinator
St. Anselm's Rising Youth Ministry*

DEAR YOUNG PEOPLE,

LOVE IS A BEAUTIFUL AND POWERFUL EMOTION THAT WE ALL EXPERIENCE IN DIFFERENT WAYS. ONE OF THE MOST IMPORTANT KINDS OF LOVE IS THE LOVE OF FAMILY. THE LOVE THAT WE HAVE FOR OUR FAMILY MEMBERS IS UNIQUE AND PROFOUND, AND IT HAS THE POWER TO SHAPE OUR LIVES IN MANY WAYS.

THE LOVE OF FAMILY IS DIFFERENT FROM ANY OTHER KIND OF LOVE. IT IS UNCONDITIONAL, WHICH MEANS THAT IT IS NOT BASED ON WHAT WE DO OR ACHIEVE, BUT ON WHO WE ARE. FAMILY MEMBERS LOVE US REGARDLESS OF OUR FLAWS, MISTAKES, OR SHORTCOMINGS. THIS KIND OF LOVE IS STEADFAST, ENDURING, AND CONSTANT, NO MATTER WHAT HAPPENS IN LIFE.

FAMILY LOVE IS ALSO SELFLESS. IT INVOLVES SACRIFICING OUR OWN NEEDS AND DESIRES FOR THE SAKE OF OUR FAMILY'S WELL-BEING. PARENTS, FOR INSTANCE, MAY GIVE UP THEIR TIME, MONEY, AND ENERGY TO PROVIDE FOR THEIR CHILDREN AND MAKE SURE THEY HAVE A GOOD LIFE. SIBLINGS MAY SUPPORT AND HELP EACH OTHER THROUGH DIFFICULT TIMES, EVEN WHEN IT MEANS PUTTING THEIR OWN NEEDS ON HOLD.

THE LOVE OF FAMILY IS ESSENTIAL FOR OUR WELL-BEING AND HAPPINESS. IT PROVIDES US WITH A SENSE OF BELONGING, SECURITY, AND COMFORT. WHEN WE KNOW THAT OUR FAMILY MEMBERS LOVE US UNCONDITIONALLY, WE FEEL VALUED AND APPRECIATED. WE KNOW THAT WE CAN COUNT ON THEM TO BE THERE FOR US WHEN WE NEED THEM, NO MATTER WHAT.

IN TODAY'S FAST-PACED AND EVER-CHANGING WORLD, IT'S EASY TO GET CAUGHT UP IN OUR OWN LIVES AND FORGET ABOUT THE IMPORTANCE OF FAMILY. WE MAY TAKE OUR FAMILY MEMBERS FOR GRANTED OR NOT SPEND ENOUGH TIME WITH THEM. HOWEVER, IT'S IMPORTANT TO REMEMBER THAT OUR FAMILY IS THE FOUNDATION OF OUR LIVES, AND WITHOUT THEIR LOVE AND SUPPORT, WE WOULD NOT BE WHERE WE ARE TODAY.

SO, YOUNG PEOPLE, CHERISH YOUR FAMILY AND THE LOVE THAT YOU HAVE FOR EACH OTHER. TAKE THE TIME TO SHOW THEM HOW MUCH YOU APPRECIATE THEM AND HOW MUCH THEY MEAN TO YOU. WHETHER IT'S THROUGH WORDS, ACTIONS, OR GESTURES, LET THEM KNOW THAT YOU LOVE THEM AND THAT THEY ARE AN IMPORTANT PART OF YOUR LIFE.

IN CONCLUSION, THE LOVE OF FAMILY IS A POWERFUL AND ESSENTIAL EMOTION THAT SHAPES OUR LIVES IN MANY WAYS. IT PROVIDES US WITH A SENSE OF BELONGING, SECURITY, AND COMFORT, AND IT IS UNCONDITIONAL AND SELFLESS. SO, LET'S TAKE THE TIME TO APPRECIATE AND CHERISH OUR FAMILY, AND LET THEM KNOW HOW MUCH WE LOVE THEM.

WITH LOVE,

MARK SILVA, YOUTH COORDINATOR.

Announcements, Events & Updates

ST ANSELM'S RISING YOUTH MINISTRY PRESENTS

Passion of Christ

FROM THE MANGER TO THE CROSS

COME WITNESS
The Way, The Truth & Life
Of Christ.

Journey enacted on
25th & 26th of March 2023
after 6:30pm Mass

ST ANSELM CATHOLIC CHURCH
SOUTHALL
UB2 4BE

ST ANSELM'S CATHOLIC CHURCH

Youth MINISTRY

EVERY SATURDAY | 1:45PM - 4:30PM

MUSIC • FUN • PRAISE
ST ANSELM'S CHURCH HALL

SCAN THE BARCODE TO FILL THE FORM

SARYM ACADEMY
TEACH AND LEARN FRIDAY FREE

Dedicated To Excellent

SCI MATHS ENGLISH

7TH, 8TH, 9TH, 10TH, 11TH

*AQA's practice sets
*Online Test.
*Digital Note.
*Face To Face Tutuion

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MONTHLY REPORT

January - February 2023



7th January

SCRIPTURE REFLECTION

The Youth Council's (YCL) initiative to dedicate one Saturday a month for Bible reflection has helped the youth in several ways. Firstly, it provides a safe space for young people to come together and engage in deep discussions on the teachings of the Bible. This opportunity allows them to gain a greater understanding of the word of God and how it applies to their daily live

By reflecting on the Bible, young people can learn valuable lessons that they can apply to their everyday lives, such as developing a stronger sense of empathy and compassion, making responsible decisions, and building positive relationships with others. The act of reflecting on the teachings of the Bible can also help young people develop a sense of purpose and direction, which is essential for personal growth and development.



14th January

PAINTBALLING

A paintballing session for the youth in a nearby park was a successful event. The natural setting and lush greenery gave them a chance to break free from their routines and have fun with their peers. The game requires quick thinking, decision-making, and physical agility, which helped the youth to hone their problem-solving abilities. Moreover, the session helped build teamwork, communication skills, and self-confidence. The youth overcame their fears and took on challenges, which made them feel more accomplished and proud of themselves.

In conclusion, the paintballing session had a significant impact on the youth, both mentally and physically. It was a refreshing experience that helped them connect with nature, build social skills, and foster personal growth. Activities like this should be organised more frequently to help the youth break free from their routines and enjoy the great outdoors



21st January

WHAT'S HAPPENING

The youth leaders noticed a lack of communication, trust, and teamwork among the youth in their community and wanted to do something about it. They believed that by creating a series of building challenges, they could help the youth develop important skills while having fun. Throughout the session, the youth leaders provided guidance and feedback to the teams, emphasising the importance of having a positive attitude and a willingness to learn from mistakes. The "What's Happening?" session brought the community closer together and the impact on the youth will be felt for years to come

two youth leaders organised a surprise session for the youth called "What's Happening?" The session consisted of a series of building challenges that required the youth to work together as a team, communicate effectively, and trust each other. The challenges became increasingly difficult, and the youth had to learn how to problem-solve and overcome obstacles. The session had a significant impact on the youth as they left feeling more confident in their abilities, and they had a newfound respect for their peers



28th january

PRAISE AND WORSHIP

During the praise and worship session, the youth were given the opportunity to reflect and connect with their faith. The blessed sacrament was exposed, which allowed for a deeper sense of spirituality and a stronger connection to God. The youth choir all sang songs that helped to create a powerful atmosphere of worship and praise. The impact of this session on the youth was significant, as it helped to strengthen their faith and created a deeper sense of community within the group. The session served as a reminder of the importance of praise and worship, and the youth left feeling renewed and energised in their spiritual journey. Overall, this session was a powerful and impactful experience for all involved.



4th feb

HOLIDAY



11th feb

SPORTS SESSION

The Sports Day organised by the Youth Council was a success, with a variety of games and activities that kept the youth engaged and energised throughout the day. The treasure hunt was a popular event, as teams of young people searched for clues and completed challenges to uncover hidden treasures. Other tie breakers were also organised, providing the youth with a chance to showcase their physical abilities and compete against each other in a friendly and supportive environment.



The Sports Day was not just a fun and enjoyable event, it also helped the youth to develop important life skills such as teamwork, leadership, communication, and problem-solving. The activities and games provided an opportunity for the youth to learn to work together, develop their physical fitness and improve their social skills. Overall, the Sports Day had a significant impact on the youth who participated, with many of them reporting feeling more confident and motivated after the event. The Youth Council should continue to organise such events, as they play a vital role in fostering a sense of community and belonging among the youth, while also promoting physical activity and healthy lifestyles.

18TH FEBUARY

HOLIDAY



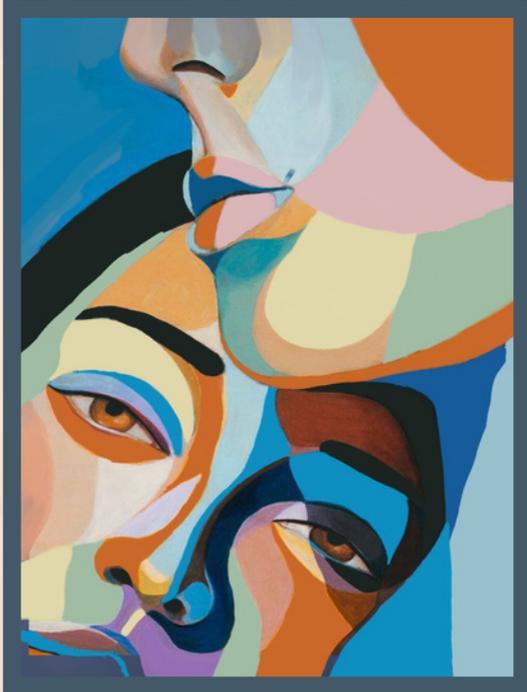
25TH FEBUARY

PRACTICE

The session on "Practices" for the most awaited play "The Passion of Christ: From the Manger to the Cross" was an excellent opportunity for the youth to develop essential skills and appreciate the intricacies involved in bringing a play to life. The session covered a range of topics, including casting, scripting, stage design, and rehearsals, all of which were critical to the success of the play. The youth learned about the importance of teamwork, coordination, and dedication and gained a newfound appreciation for the performing arts.

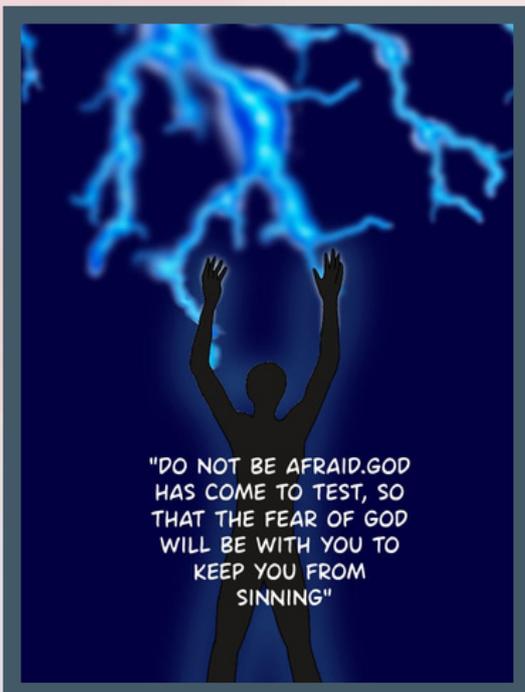
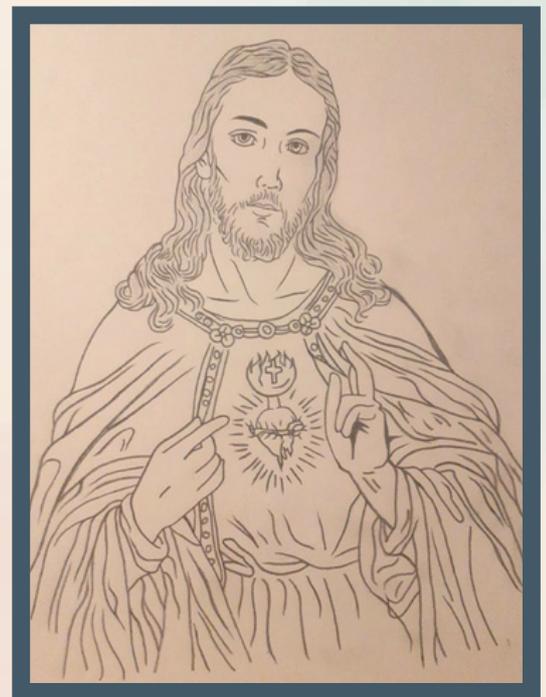


The session had a profound impact on the youth, as it helped them to develop essential skills such as team-building, leadership, time management, and problem-solving. These skills were not only relevant to the performing arts but could be applied in all aspects of their lives. The youth gained a greater understanding of the effort and dedication required to stage a successful production, and it allowed them to hone their talents and learn new skills. Overall, the session on "Practices" for the most awaited play "The Passion of Christ: From the Manger to the Cross" was an enriching experience that had a positive impact on the youth's personal and professional growth.



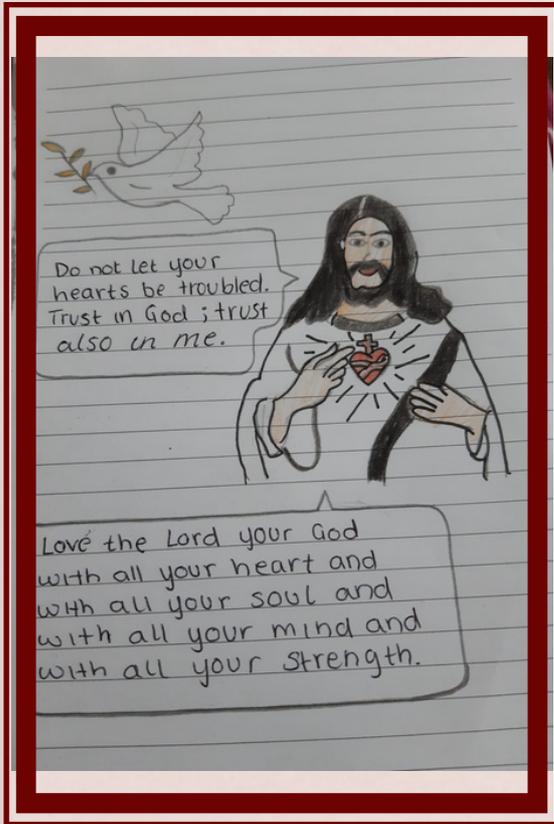
digital art by:
Vera d'mello

art by:
Jess Fernandes



"DO NOT BE AFRAID.GOD
HAS COME TO TEST, SO
THAT THE FEAR OF GOD
WILL BE WITH YOU TO
KEEP YOU FROM
SINNING"

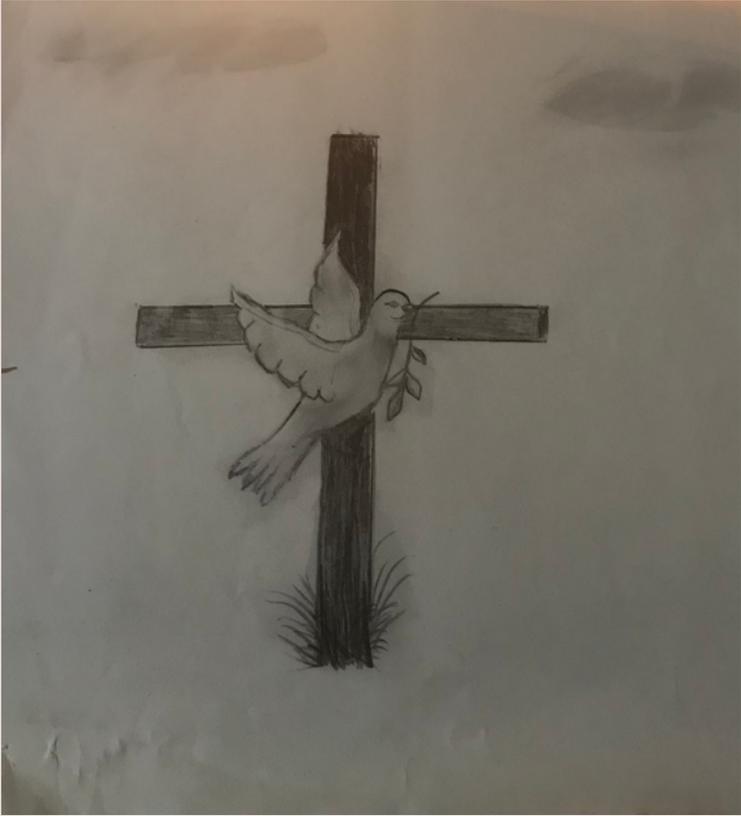
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FEAR OF GOD

Different forms of emotions characterize the fear of God. The fear of the Lord is an alarm when a person is not on the right path, he settles himself in evil when he distances himself from God when he takes advantage of everyone. When he lives attached to money, vanity, power, or pride, then the holy fear of God draws his attention. The holy fear of God draws his attention, you will not be happy like this but this way you will end badly. It reminds us that one day we will be held accountable to the just judge. The fear of the lord would allow all "to understand that one day everything will finish and we will have to be accountable to God." Fear of God is considered as having deep reverence and awe for God's power and it should not turn into slavish fear. Having fear of God encourages us to strive to be spiritually holy. The fear of the Lord is the gift of the holy spirit doesn't mean being afraid of God. since we know that God is our father, he will always love and forgive us. It is no servile fear but rather a joyful awareness of God's grandeur and a grateful realization that only in him do our hearts find true peace. This peace is the attitude of those who place all their trust in God and feel protected like a child with his father. Through fear of God, we become as Jesus asks us like little children, trusting in the goodness and the protection of our heavenly father. It is the seven gifts of the holy spirit. This gift fills us with a sovereign respect for God and makes us dread above all things, offending him. Proverbs 9:10 says that fear of the Lord is the beginning of wisdom. Let us pray that the fear of God together with the other gifts of the holy spirit will renew us in faith and constantly remind us that in "God alone, we find our ultimate happiness, freedom, and fulfillment."

Articel by
Anezy
Rodrigues