## Saint Anselm's Code of Conduct for Young People taking part in the Confirmation Zoom Programme 2022

St Anselm's Parish believes that it is important that young people taking part in our programme show respect and understanding for the safety and welfare of themselves and other young people and adult leaders and volunteers.

Behave well and listen to all instructions from the leaders

Respect and show courtesy and welcome to adult leaders and accept decisions.

Respect the rights, dignity and worth of all participants. Welcome everybody. Do not leave others out. The only language we use in the Confirmation Programme is English.

Refrain from bullying (including cyberbullying) and never post or share any of the Confirmation Programme activities on social media

Show respect to other young people /leaders and show team spirit.

## **CYBERBULLYING**

Cyberbullying is the use of technology to deliberately hurt, upset, harass or embarrass someone else, whether young person or adult

Cyberbullying can occur using practically any form of connected media, from nasty text and image messages using mobile phones, to unkind blog and social networking posts, or emails and instant messages, to malicious websites created solely for the purpose of intimidating an individual.

Cyberbullying can be even more harmful than normal forms of bullying in several ways.

- Possibility to electronically invade the home and personal space of the victim.
- Greater potential size of the audience.
- Greater speed of spreading upsetting messages or images.
- Difficulty in controlling anything posted or circulated electronically. Perceived anonymity to Cyberbullying, due to its faceless nature which can lead to young people becoming involved in activities that they wouldn't dream of in the real world, whether as the perpetrator or as a bystander.

The online behaviour of people, including the things they post, will determine their online reputation. Remember, what they post online now will remain there forever. To avoid future disappointments (university, college, and jobs), it's best to maintain a positive reputation.

I promise that I will abide by this code of conduct for St Anselm Confirmation Programme
Signature of Young Person
Printed name Young person
Date: