



“The amazing thing about seeing  
everything again in Christ  
is that nothing is lost.  
Christ does not distort our vision,  
he enhances it, makes it truer.”

*Arturo Sosa SJ*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ,  
wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me.  
Within thy wounds, hide me.  
Permit me not to be separated  
from thee.  
From the wicked foe, defend me.  
At the hour of my death,  
call me and bid me come to thee  
that with thy saints  
I may praise thee for ever and ever.  
Amen.

Ignatius

*Anima Christi*

translated by Louis J. Puhl SJ

*Ignatius gazing at the stars*

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